

Self Assessment Framework 2014/15

This tells us what services are like for people with a Learning Disability in Southend.

It is written by Glyn Jones following discussions with people with a Learning Disability and at the Learning Disability Partnership Board.



It is broken down into 3 themes.
These are:

- Staying Healthy
- Staying Safe
- Living Well



To write this we asked people with Learning Disabilities and Carers what they think about services in Southend on Sea.

We did this at:

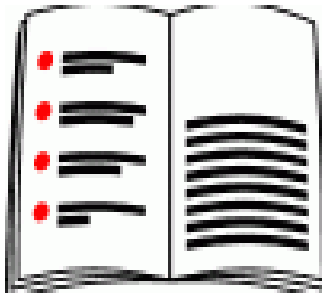
- The Hub - where we spoke with Service Users.
- The Tickfield Centre - where we spoke with Carers and some Shields Councillors.

The LDPB is happy with what this paper says and we now are taking it to the **Health and Wellbeing Board**.



The **Health and Wellbeing Board** have senior people from the local health and social care and voluntary organisations on it. It makes big decisions about working together.

I have attached:

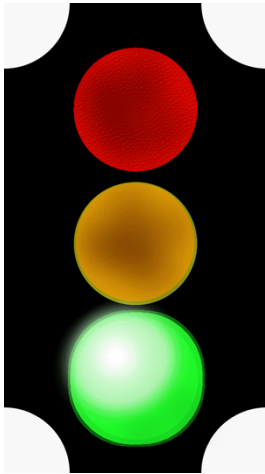


How we Did? This is a summary showing how many Reds, Ambers and Greens we have.

The RAG Ratings

This is a list of all the parts of the Self Assessment Framework. It shows the RAG rating and says why we think we are that colour.

How We Did?



What do the colours mean:

- **GREEN** We are doing well.
- **AMBER** We are doing OK.
- **RED** We have a lot to do.

Overall there were:

- 17 **Green**
- 6 **Amber**
- 3 **Red**

We think this is good. We know that we have more things to do to make things better.

The RAG Ratings

Staying Healthy

A1



GPs know about the health of people with a Learning Disability

Amber

GPs in Southend do know lots of people with a Learning Disability.

They could do more to know about people's health by using information better.

There are some good things like Hospital Passports to help people.

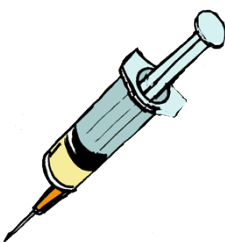
A2



Care for people with a Long Term condition

Amber

Nurses help a lot of people with Learning Disabilities who have an illness like Diabetes. Diabetes is a **long term condition**.



We need to get better at making sure that people with illnesses like diabetes get the right care. We should have a joint database so we can all access the correct figures.

A **long term condition** is an illness that lasts a long time. They include: COPD and

Heart Disease.

A3



Annual Health Checks

Red

We know that not enough people with Learning Disabilities get an **Annual Health Check**.

We need to find ways to help more people get an Annual Health Check.

An **Annual Health Check** is a health check that should take place every year. Your GP does it.

A4



Health Action Plans

Red

Some GPs will do a **Health Action Plan** at the same time as an Annual Health Check. Some GPs will not but they should. We need some numbers to know which GPs are doing well.

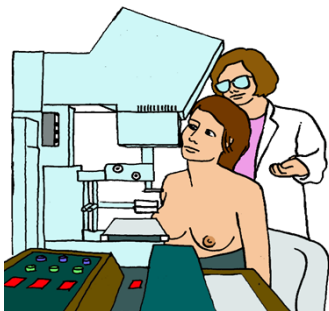
A **Health Action Plan** says what needs to be done to help a person be healthy.

A5

Testing for Cancer

Red

We should know how many people with a Learning Disability are having a test for Cancer. We need to get better



at this.

For instance, women should be tested to see if they have Breast Cancer and women and men should be tested to see if they have Bowel Cancer.

A6



GPs letting the hospital know

Green

We have a system for GPs to let hospitals know that people coming to hospital have a Learning Disability. This is good.

We want more GPs to use this system.

A7



The Learning Disability Nurse at Southend Hospital

Green

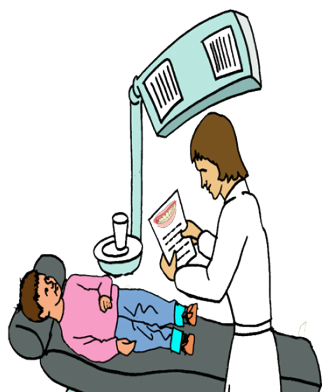
Sarah Haines is the Learning Disability Nurse at Southend Hospital. Sarah helps people get good care when they go to Southend Hospital.

A8

Opticians, Dentists and Chemists

Amber

There are opticians, chemists and dentists that make **reasonable adjustments** for people with Learning Disabilities in Southend.



For instance some dentists will explain carefully what is happening, but more should be making reasonable adjustments.

A **reasonable adjustment** is a change that is made to a service to make it easier to use.

A9



Services at the Police Station, Courts and Prisons

Green

There is a team of nurses that help people with a Learning Disability in the police station and the court.
This is good.

Staying Safe

B1



Care Reviews

Amber

Nearly all people who should have a Health and Social Care review have one every year.

B2



Contracts

Green

We make sure that we check **contracts** with providers every year in Health and Social Care.

Checking contracts helps us to make sure that providers are doing well.

Contracts say what providers should do.

B3



Checking that hospitals are doing the right thing

Amber

The **Clinical Commissioning Group** sees the report the hospital writes every year for **Monitor**.

They do not say anything about the report but they want to in the future.

The **Clinical Commissioning Group** buys health services for people in Southend.

B4



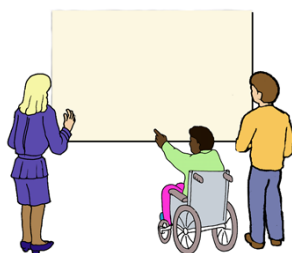
Monitor checks that hospitals do what they should.

Safeguarding

Green

The Southend Adults and Children's Safeguarding Board helps to make sure that people are safe. It does this well.

B5



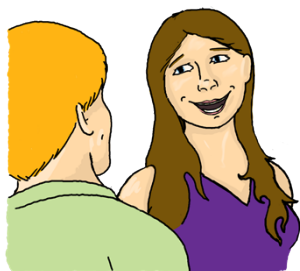
Self Advocates getting involved

Green

Self Advocates and Carers take part in training and recruitment and are on the Learning Disability Partnership Board. They help to say what services should be like.

A **Self Advocate** is someone who speaks for people with a Learning Disability.

B6



People who care

Green

We think that services in Southend have people who are very caring.

B7



Working together on plans

Green

We make plans with people with Learning Disabilities and Carers.

This is called co-production.

B8



Co-production is when people work with each other to do something.

Making changes when people complain

Green

We know that providers listen to people.

When complaints are made changes may be made.

B9



Rights

Green

We make sure that people can do what they want to do.

This is about rights.

We also see that providers respect people's ability to do things providing they are safe.

Rights are what people should be able to do if they want to do them.

Living Well

C1



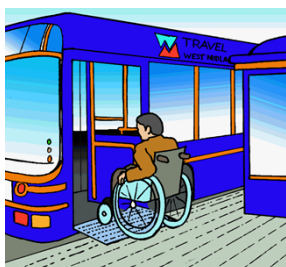
Health and Social Care working together

Green

Health and Social Care services in Southend work well together for people with Learning Disabilities.

We want to do more together.

C2



Transport

Amber

People with Learning Disabilities can mostly get where they want to on buses.

This is good but we do want to improve things. Shields have told us that sometimes people are harassed on public transport.

C3



Arts and Culture

Green

People with Learning Disabilities can take part in any arts and culture events.

For instance, people with a Learning Disability work with the

Music Man at MENCAP.

C4



Sports and Leisure

Green

People with Learning Disabilities do sports activities in different places in Southend.

One example is 'Just Ride', where people with Learning Disabilities can learn to ride a bike.

C5



Getting a Job

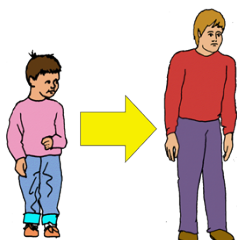
Green

People with a Learning Disability are helped to get a job in Southend.

More people with a Learning Disability have a job in Southend than in other places in the country.

This is good.

C6



Growing Up

Green

Children and young people with a Learning Disability are being helped to get good services.

Services are working well together to develop the **Local Offer**.

One carer of an older adult said that there should be a question about people getting older, not

just growing up.

The **Local Offer** is a list of services that young people and families can use.

C7



Planning Services

Green

People with a Learning Disability and their family get involved in planning services.

For instance, people with Learning Disabilities were part of the group that planned 'Just Ride'.

C8



Carers being satisfied

Green

Carers needs are being met in Southend.

In a **survey** most Carers told us they are satisfied.

We do need to get better at knowing what different groups of carers need, for instance carers of people who are growing older.

A **survey** is a way of finding out what people think
